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# Volatility spillover between the cryptocurrency and financial markets and commodities

## Spillover de volatilidad entre el mercado de las criptomonedas, los mercados financieros y commodities

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#### Abstract

The aim of this paper is to analyze the spillover effect between the cryptocurrency market and the financial markets, using realized volatility indices of the ten cryptocurrencies with the largest market capitalization and the implied volatility of Gold (GVZ) and Oil (OVX) prices, and the North American (VIX) and European (VSTOXX) financial market through the Spillover Index based on a Vector Autoregressive (VAR). The results indicate that Ethereum is the largest volatility transmitter followed by Cardamo, while ChainLink and BinanceCoin are the largest receivers. We demonstrate with implied volatility that contribution of volatility spillover from financial markets does not exceed 3%, even lower results are evidenced from both commodities. Impulse-response analysis shows the major effect of the VIX on cryptocurrencies, along with a negative response to a shock in commodities indices.

JEL Code: C58, G10, G15, G17 Keywords: cryptocurrency; spillover effect; volatility

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#### Resumen

El objetivo de este trabajo es analizar el efecto spillover entre el mercado de las criptomonedas, los mercados financieros y commodities, utilizando índices de volatilidad realizada de las diez criptomonedas con mayor capitalización de mercado y la volatilidad implícita de las cotizaciones del Oro (GVZ) y el Petróleo (OVX), y el mercado financiero norteamericano (VIX) y europeo (VSTOXX) a través del Spillover Index basado en un Vector Autorregresivo (VAR). Los resultados indican que Ethereum es el mayor transmisor de volatilidad, seguido por Cardamo, mientras que los mayores receptores de volatilidad son ChainLink y BinanceCoin. Además, demostramos a través de la utilización de la volatilidad implícita que la contribución de los mercados financieros al spillover no excede el 3%, incluso resultados menores se evidencian con ambos commodities. El análisis de impulso-respuesta muestra el mayor efecto sobre las criptomonedas proviene del VIX, junto con una respuesta negativa ante un shock en el OVX y GVZ.

*Código JEL:* C58, G10, G15, G17 *Palabras clave:* : criptomoneda; efecto spillover; volatility

#### Introduction

Since the introduction of the first cryptocurrency—Bitcoin in 2009 by Satoshi Nakamoto—the cryptocurrency market has gained great popularity in recent years, generating a large volume of transactions in its trading. Figure 1 shows the evolution from 2015 to 2021 of the capitalization of all cryptocurrencies traded in the market, exceeding USD 2.2 trillion.

In this context—the circulation of this new financial asset and the integration of markets—any knowledge that can be developed about these assets is highly relevant, both for investors and for risk management strategies (Okorie & Lin, 2020; Symitsi & Chalvatzis, 2018).



Figure 1. Total Market Capitalization in USD of the Cryptocurrency Market Source: TradingView (2021)

Recent studies have focused on the characteristics of cryptocurrencies, mainly Bitcoin, classifying it as a financial asset, a commodity, or a currency (Baur, Hong, & Lee, 2015; Kristjanpoller & Bouri, 2019; Gronwald, 2019). Moreover, lines of research studying the determinants of the price of this cryptocurrency have also been developed (Dyhrberg, 2016b). In recent years, the financial literature has considered it useful to analyze cryptocurrencies as an additional element in portfolio optimization and their hedging or risk minimization capacity (Okorie & Lin, 2020; Dwita Mariana, Ekaputra, & Husodo, 2020; Dyhrberg, 2016).

An important part of the literature has focused on the study of the spillover of the cryptocurrency market, which is a commonly used methodology for analyzing the connection between markets and financial assets (Corbet et al., 2018; Balli et al., 2020). Studies that have examined the spillover index to date have taken daily returns of cryptocurrencies as their basis (Symitsi & Chalvatzis, 2018; Ji, Bouri, Lau, & Roubaud, 2019; Fousekis & Tzaferi, 2021; Akyildirim, Corbet, Lucey, Sensoy, & Yarovaya, 2020).

This paper proposes the use of volatility in the analysis of the cryptocurrency market, a measure of great interest for investors and a quantitative indicator of risk, which will extend the literature on this topic. Furthermore, this work contributes to the study of the spillover index by using the volatility of the 10 cryptocurrencies with the largest market capitalization since it mainly focuses on Bitcoin. In addition to incorporating the analysis of the implied volatility of the North American (VIX), European (VSTOXX), Oil (OVX), and Gold (GVZ) stock exchanges, this paper shows a differentiated analysis of shocks between the markets and commodities with cryptocurrencies through the impulse response function.

The results differ from those commonly found in the literature, showing that Ethereum is the largest volatility transmitter, followed by Cardano and Litecoin. Moreover, the implied volatility of VIX and VSTOXX contribute to the volatility of cryptocurrencies in ranges below 3%. Even results below 1% are evident with OVX and GVZ, implying a disconnection with these markets.

This paper is structured as follows: Section 2 presents the literature review; Section 3 presents the methodological framework; Section 4 presents the data and some preliminary statistics; Section 5 presents the results; and Section 6 offers the main conclusions and implications.

## **Review of the literature**

The recent popularity of the cryptocurrency market and its large volume of transactions has increased interest in understanding the behavior of these assets and their relation to financial markets. Authors such as Fang et al. (2022) show the exponential growth in the number of publications regarding the crypto market from 2013 to 2021, showing that 85% is concentrated since 2018. It coincides with the increase in

the market capitalization of cryptocurrencies (Figure 1), proving to be a new area of research in financial trading.

Consequently, it is possible to identify various methodologies in the literature used to study the volatility of cryptocurrencies and their relation to other markets. They mainly focus on two approaches: 1) the Generalized Autoregressive Conditional Heteroscedasticity (GARCH) model and 2) Vector Autoregressions (VARs) in their different variants.

In the first approach, GARCH models are commonly used to study the relation between market and financial assets. For example, using the Dynamic Conditional Correlations (DCC) approach, Dwita Mariana et al. (2020) analyzed the two cryptocurrencies with the largest market capitalization, Bitcoin and Ethereum. They analyzed the cryptocurrencies, along with the S&P500 and Gold, before and during the COVID-19 pandemic, identifying a negative correlation with S&P500 returns during the pandemic and concluding that Ethereum is a better safe-haven than Bitcoin.

Additionally, using a multivariate iGARCH-DCC model and the 4 main cryptocurrencies (Bitcoin, Ethereum, Ripple, and Litecoin), Kumar and Anandarao (2019) identified a significant spillover from Bitcoin to Ethereum and Litecoin. Moreover, a wavelet analysis confirms Bitcoin's predominant effect over other cryptocurrencies, suggesting the possibility of including cryptocurrencies in investors' portfolio diversification in times of low market volatility.

Conversely, using a VAR-GARCH model, Symitsi and Chalvatzis (2018) study the spillover effect between the Bitcoin, S&P Global Clean Energy Index, and companies related to energy and technology, identifying a spillover of returns in the event of a shock in energy and technology companies on Bitcoin. Following this line, Umar et al. (2021) analyzed the daily returns of 12 technology sectors in developed and developing economies and Bitcoin, demonstrating the existence of significant interconnections in this sector worldwide. They also found that the contribution of the cryptocurrency market is negligible, showing less exposure to systematic risk, which reduces exposure to possible warnings from regulatory entities.

In the second approach, VAR models can be found with different innovations, such as the one developed by Diebold and Yilmaz (2012), based on the variance decomposition of the forecast error of an autoregressive vector (VAR). For example, Gillaizeau et al. (2019) analyzed the spillover between Bitcoin and different currencies by calculating the exchange rates, finding that Bitcoin-USD possesses a net predictive power and Bitcoin-EURO is a net receiver. In addition, the authors demonstrated that in periods of high volatility, Bitcoin shows great dynamic inefficiency, so that it is necessary for investors to have very definite information to predict the expected return.

Separately, Corbet et al. (2018) analyzed the relation of the three major cryptocurrencies (Bitcoin, Ripple, and Litecoin) in the market during 2017 with other financial assets such as MSC GSCI Total Returns Index, US\$ Broad Exchange Rate, SP500 Index, COMEX gold closing prices, VIX, and

the Markit ITTR110 index. Their methodology leads them to conclude that there is a strong connection between cryptocurrencies and a relative disconnection from the main financial assets.

Similarly, Balli et al. (2020) studied the six cryptocurrencies with the largest capitalization (Bitcoin, Ripple, Stellar, Litecoin, Monero, and Dash) together with the Economic Policy Uncertainty Index (EPU), VIX, OVX, and GVZ, demonstrating that cryptocurrencies are negatively correlated with economic uncertainty even when using cryptocurrencies as a portfolio diversification tool to minimize risk. Similar research has been carried out by Ghorbel, Loukil, and Bahloul (2022),

Recent studies, such as Moratis (2021), quantified the spillover effect in the 30 cryptocurrencies with the largest market capitalization using a Bayesian VAR. Bitcoin was identified as the cryptocurrency that dominates spillover, and some cryptocurrencies appeared to be immune to spillover transmitters.

Similarly, there are other methodologies to study the behavior of cryptocurrencies, such as the VAR-MGARCH-GJR-BEKK technique used by Okorie and Lin (2020). They identified the existence of bidirectional and unidirectional volatility spillover from crude oil to cryptocurrencies and vice versa by using the 5 cryptocurrencies with the smallest and largest capitalization and crude oil. Furthermore, they found that risk can be reduced by incorporating the commodity into their portfolios.

An important feature contained in the literature is the trade-off that authors must make between the period under study (Ji et al., 2019; Brauneis y Mestel, 2018; Fousekis & Tzaferi, 2021) and the number of cryptocurrencies included in the analysis (Zięba, Kokoszczyński, & Śledziewska, 2019). Therefore, this paper provides a longer analysis for the period under study of the behavior of cryptocurrencies with higher capitalization and implied volatilities of different markets.

#### Methodology

The methodology proposed by Diebold and Yilmaz (2012), based on the decompositions of the forecast error variance in a generalized vector autoregressive framework, is used to quantify the spillover effect in the cryptocurrency market and other financial indicators. The use of this method is based on the fact that markets are connected to each other, regardless of the existence of shocks that affect their correlations (Forbes & Rigobon, 2002), so the use of conditional models can generate biases in the estimation, as would be the case of the DCC-GARCH models (Elsayed, Gozgor, & Yarovaya, 2022).

Therefore, the VAR model can be defined as:

$$y_t = \sum_{i=1}^p \Phi \, y_{t-1} + \epsilon_t$$

(1)

Where  $y_t$  is the vector of size M containing all volatilities in period t, and  $\varepsilon_t \sim N(0, \Sigma)$  is a vector of disturbances. The variance decomposition of the generalized H-step forward forecast error is defined by:

$$\theta_{ij}^{g}(H) = \frac{\sigma_{jj}^{-1} \sum_{h=0}^{H-1} (e'_{i} A_{h} \Sigma e_{j})^{2}}{\sum_{h=0}^{H-1} (e'_{i} A_{h} \Sigma A'_{h} e_{i})^{2}}$$
(2)

Where  $H = 1, 2, ..., and i, j = 1, 2, ..., M. \Sigma$  is the variance-covariance matrix of the disturbance vector  $\varepsilon_t$ ,  $\sigma_{jj}$  is the standard deviation of the error term for the *j*-th equation,  $A_h$  is the coefficient matrix of the lagged disturbance vector h in the infinite moving mean representation of the VAR model, and  $e_i$ is the selection vector, with one as the *i*-th element and zeros otherwise. The sum of the elements in each row of the variance decomposition table does not equal one  $\sum_{j=1}^{M} \theta_{ij}^g(H) \neq 1$ , since the shocks are not necessarily orthogonal. The estimates should be normalized to compare the directional spillover effects by individual pairs

$$\tilde{\theta}_{ij}^{g}(H) = \frac{\theta_{ij}^{g}(H)}{\sum_{j=1}^{M} \theta_{ij}^{g}(H)}$$
<sup>(3)</sup>

By construction  $\sum_{j=1}^{M} \tilde{\theta}_{ij}^{g}(H) = 1$  and  $\sum_{i,j=1}^{M} \tilde{\theta}_{ij}^{g}(H) = M$ . To simplify the notation,  $S_{i \leftarrow j}^{H}$  will be used instead of  $\tilde{\theta}_{ij}^{g}(H)$  to describe the direction of the spillover effect in the different series.

The directional volatility spillover received by market i from all other markets j can be defined as follows:

$$S_{i\leftarrow \circ}^{H} = \frac{\sum_{j=1}^{M} \tilde{\theta}_{ij}^{g}(H)}{\frac{j \neq i}{M}}$$
(4)

At the same time, the contribution of market j to all other markets i is given by:

$$S_{\circ \leftarrow j}^{H} = \frac{\sum_{i=1}^{M} \tilde{\theta}_{ji}^{g}(H)}{M}$$
(5)

The net volatility spillover from market i to all other markets j corresponds to the difference between the directional spillover and can be calculated as follows

$$S_{i}^{H} = S_{\circ \leftarrow i}^{H} - S_{i \leftarrow \circ}^{H}$$
(6)

This measurement makes it possible to calculate how much market i contributes to the volatility of other markets or assets, as "net transmitters" ( $S_i^H > 0$ ) and "net receivers" ( $S_i^H < 0$ ) can be identified. Finally, the total spillover ratio can be constructed as:

$$S^{H} = \frac{\sum_{i,j=1}^{M} \tilde{\theta}_{ji}^{g}(H)}{\frac{i \neq j}{M}}$$
(7)

The total spillover is the ratio of the sum of the off-diagonal elements of  $\tilde{\theta}_{ij}^{g}(H)$  and the sum of all other elements.

In order to have a better understanding of the spillover table resulting from the implemented methodology, Table 1 provides a clear example of the aggregate and disaggregated spillover results, where  $y_i$  represents each market or asset used. The internal  $d_{ij}$  elements are the pairwise directional spillover from  $y_j$  to  $y_i$ . They represent the contribution of a shock in  $y_j$  on the variance of the h-step ahead forecast error in  $y_i$ .

The "From" column corresponds to the total directional spillover from  $y_j$  to others, and the "To" row is the total directional spillover from  $y_j$  to others.

| Spillover t    | able  |   |  |   |
|----------------|---|---|--|---|
|                | У <sub>1</sub>                              | У <sub>2</sub>                              | <br>Ум   | From  |
| y <sub>1</sub> | d <sub>11</sub>                             | d <sub>12</sub>                             | <br>$d_{1M}$   | $\sum_{j=1}^{M} d_{1j}; j \neq 1$           |
| y <sub>2</sub> | d <sub>21</sub>                             | d <sub>22</sub>                             | <br>$d_{2M}$   | $\sum_{i=1}^{M} d_{2j}; j \neq 2$           |
| :              | :   | ÷   | <br>:  | ) -<br>:                                    |
| Ум             | $d_{1M}$                                    | $d_{2M}$                                    | <br>d <sub>MM</sub>                                      | $\sum_{j=1}^{M} d_{Mj}; j \neq M$           |
| То             | $\sum_{\substack{i=1\\i\neq 1}}^{M} d_{i1}$ | $\sum_{\substack{i=1\\i\neq 2}}^{M} d_{i2}$ | <br>$\sum\nolimits_{\substack{i=1\\i\neq M}}^{M} d_{iM}$ | $\frac{1}{M}\sum_{i,j=1}^{M}d_{ij};i\neq j$ |
| с D.           | 1 11 1 1 1 1 1 1 1                          | (2015)                                      |  |   |

Table 1 Spillover tabl

Source: Diebold and Yılmaz (2015)

For analysis purposes, it is necessary to identify the net directional spillover (identification of transmitters and receivers) and the total net directional spillover, presented in Ec.(6) and , Ec.(7) respectively.

## Data

Volatility is one of the most commonly used measures of risk or uncertainty in markets. Following Diebold and Yılmaz (2014) and Demirer *et al.* (2018), this study uses realized volatility (RV) based on a daily range, implementing the methodology developed by Garman and Klass (1980)

$$\widehat{\sigma}_{it}^{2} = 0.511(H_{it} - L_{it})^{2} - 0.019[(C_{it} - O_{it})(H_{it} + L_{it} - 2O_{it}) - 2(H_{it} - O_{it})(L_{it} - O_{it})] - 0.383(C_{it} - O_{it})^{2}$$

Where  $H_{it}$ ,  $L_{it}$ ,  $O_{it}$ , and  $C_{it}$  correspond to the highest, lowest, opening, and closing price, respectively, for cryptocurrency i in period t. One of the characteristics of this volatility measure is that under certain assumptions, it converges in probability to true volatility integrated with a standard normal distribution (Barndorff-Nielsen & Shephard, 2002).

Following authors such as Kumar and Anandarao (2019), Balli *et al.* (2020), and Ghorbel *et al.* (2022), this study focuses on the group of cryptocurrencies with the largest market capitalization. Specifically, the 10 largest cryptocurrencies<sup>1</sup> in terms of market capitalization as of April 22, 2021, are analyzed. Nonetheless, the sample of cryptocurrencies is limited to those with data from January 2018. Table 2 details the cryptocurrencies analyzed and their percentage of market capitalization as of 04/17/2021, representing more than 75% of the total cryptocurrencies traded in the market.

In addition, four Implied Volatility<sup>2</sup> (IV) indices are included: CBOE volatility index based on S&P500 index options (VIX), EURO STOXX 50 volatility index (VSTOXX) based on EURO STOXX 50 option prices, CBOE Crude Oil EFT volatility index (OVX), and CBOE Gold EFT volatility index (GVZ). The first two measures correspond to the US and European financial market risks. The next two implied volatilities are measures of commodity risk, both of which are generally used to hedge portfolio risk.

| Description of the 10 crypto | currencies under analysis |                |  |
|------------------------------|---------------------------|----------------|--|
| Cryptocurrency               | Abbreviation              | Cryptocurrency |  |
| Bitcoin                      | BTC                       | 51.64%         |  |
| Ethereum                     | ETH                       | 12.33%         |  |
| BinanceCoin                  | BNC                       | 0.24%          |  |
| Tether                       | USDT                      | 2.20%          |  |
| XRP – Ripple                 | XRP                       | 3.24%          |  |
| Cardano                      | ADA                       | 2.01%          |  |
| DogeCoin                     | DOGE                      | 1.71%          |  |
|                              |                           |                |  |

Table 2 Description of the 10 cryptocurrencies under analysis

<sup>1</sup>Data from finance.yahoo.com

<sup>2</sup>Data from finance.yahoo.com, except VSTOOX which was obtained from wsj.com

(8)

| Litecoin  | LTC  | 0.81% |
|-----------|------|-------|
| ChainLink | LINK | 0.80% |
| Stellar   | XLM  | 0.66% |

Source: created by the authors based on data obtained from coinmarketcap.com as of 04/17/2021

Figure 2 shows the volatilities of each cryptocurrency during 2018 and 2020, it being possible to identify high volatilities in most cryptocurrencies, particularly in two periods. The first is at the beginning of 2018, when there was a generalized drop in the price that these new assets traded at, after a great boom during 2017. This bearish trend continues throughout 2018. The second can be observed during March 2020, when investors liquidated safe-haven assets in search of cash after the fall of all markets due to Covid-19. This was the case with cryptocurrencies, bonds, and gold, and Figure 3 shows this volatility peak.

In accordance with the above, the volatility indexes of the US and European markets are at their highest in March 2020, with the generalized fall of the international stock markets due to the uncertainty caused by the global health crisis. The same results can be seen in the oil market, although it had a second shock during April 2020, labeled a "black day" for this commodity, with the West Texas International (WTI) trading with negative values.



Figure 2. Realized Volatility of Cryptocurrencies Source: created by the authors



Figure 3. Implied volatilities of markets and commodities Source: created by the authors

Table 3 shows the descriptive statistics of realized volatility (RV) and implied volatility (IV) for each cryptocurrency and stock market. The mean for cryptocurrency volatility varies between 0.20 (USDT) and 1.03 (LINK). In turn, the standard deviation is homogeneous for most cryptocurrencies, except for USDT, with a measure of 0.11. In the case of IVs, both OVX and GVZ present a lower and higher mean and standard deviation, respectively, showing great variability in both volatilities.

Conversely, all volatility indices have positive skewness and show a leptokurtic distribution. This is complemented by the Jarque-Bera test, which rejects the normality distribution of the observation. The Phillips-Perron test shows that all volatilities remain stationary at the 0.05 significance level.

| <b>i</b> | Mean  | Mean SD Min Ma |       | Max    | Skewness    | Kurtosis  | Jarque- | Box-   | Phillips- |
|----------|-------|----------------|-------|--------|-------------|-----------|---------|--------|-----------|
|          |       | 52             |       | 101401 | Sile (Thess | 110100010 | Bera    | Pierce | Perron    |
| BTC      | 0.46  | 0.26           | 0.12  | 1.89   | 2.26        | 7.19      | 0.00    | 0.00   | 0.010     |
| ETH      | 0.61  | 0.28           | 0.19  | 2.13   | 2.20        | 7.80      | 0.00    | 0.00   | 0.010     |
| BNC      | 0.69  | 0.36           | 0.17  | 2.64   | 2.38        | 7.91      | 0.00    | 0.00   | 0.010     |
| USDT     | 0.20  | 0.11           | 0.01  | 0.88   | 2.03        | 9.77      | 0.00    | 0.00   | 0.010     |
| XRP      | 0.66  | 0.41           | 0.21  | 3.08   | 2.65        | 8.86      | 0.00    | 0.00   | 0.010     |
| ADA      | 0.79  | 0.33           | 0.27  | 2.86   | 2.46        | 10.25     | 0.00    | 0.00   | 0.010     |
| DOGE     | 0.70  | 0.41           | 0.20  | 2.61   | 1.68        | 3.35      | 0.00    | 0.00   | 0.010     |
| LTC      | 0.68  | 0.30           | 0.21  | 2.34   | 2.07        | 7.09      | 0.00    | 0.00   | 0.010     |
| LINK     | 1.03  | 0.45           | 0.40  | 2.98   | 1.57        | 3.34      | 0.00    | 0.00   | 0.010     |
| XLM      | 0.76  | 0.37           | 0.29  | 2.92   | 2.39        | 8.53      | 0.00    | 0.00   | 0.010     |
| VIX      | 20.58 | 10.05          | 10.85 | 82.69  | 2.54        | 8.88      | 0.00    | 0.00   | 0.024     |
| VSTOXX   | 20.34 | 10.13          | 10.84 | 85.62  | 2.78        | 10.66     | 0.00    | 0.00   | 0.024     |
| OVX      | 43.16 | 31.19          | 22.23 | 325.15 | 3.97        | 19.64     | 0.00    | 0.00   | 0.014     |
| GVZ      | 15.29 | 6.05           | 8.88  | 48.98  | 1.79        | 4.06      | 0.00    | 0.00   | 0.045     |

| Table 3                                |
|--|
| Descriptive statistics of volatilities |

Note: The Jarque-Bera and Box-Pierce test shows the p-values with 10 lags. Source: created by the authors

Table 4 shows the correlations between the group of cryptocurrencies and the four implied volatilities. It is possible to identify a high level of correlation between cryptocurrencies, with values close to 0.85 in some cases. On the other hand, when analyzing the correlation of the implied volatilities of the North American and European markets, the degree of correlation is lower than between cryptocurrencies, with values ranging from 0.032 (DogeCoin - VIX) to 0.32 (Bitcoin - VSTOXX). In the case of implied commodity volatility, DogeCoin shows negative correlations with gold (-0.042) and oil (-0.074).

Table 4 Correlation of volatilities

|          | BT<br>C                                  | ET<br>H                                  | BN<br>C                                  | US<br>DT                                 | XR<br>P   | A<br>D<br>A | DO<br>GE  | LT<br>C                                 | LI<br>NK  | XL<br>M   | VI<br>X   | VST<br>OXX | O<br>V<br>X    | G<br>VZ   |
|----------|--|--|--|--|-----------|-------------|-----------|---|-----------|-----------|-----------|------------|----------------|-----------|
| BTC      | $\begin{array}{c} 1.0 \\ 00 \end{array}$ | 0.8<br>55                                | 0.7<br>74                                | 0.6<br>55                                | 0.5<br>86 | 0.7<br>65   | 0.5<br>76 | 0.8<br>39                               | 0.7<br>49 | 0.6<br>79 | 0.3<br>18 | 0.321      | 0.2<br>02      | 0.2<br>49 |
| ETH      | 0.8<br>55                                | $\begin{array}{c} 1.0 \\ 00 \end{array}$ | 0.8<br>58                                | 0.6<br>82                                | 0.7<br>04 | 0.8<br>72   | 0.5<br>77 | $\begin{array}{c} 0.8\\ 80 \end{array}$ | 0.7<br>72 | 0.7<br>75 | 0.2<br>85 | 0.281      | 0.1<br>38      | 0.1<br>90 |
| BNC      | 0.7<br>74                                | 0.8<br>58                                | $\begin{array}{c} 1.0 \\ 00 \end{array}$ | 0.5<br>89                                | 0.5<br>58 | 0.8<br>02   | 0.5<br>53 | 0.7<br>96                               | 0.7<br>30 | 0.7<br>41 | 0.2<br>45 | 0.233      | 0.0<br>79      | 0.0<br>97 |
| USD<br>T | 0.6<br>55                                | 0.6<br>82                                | 0.5<br>89                                | $\begin{array}{c} 1.0 \\ 00 \end{array}$ | 0.3<br>80 | 0.5<br>32   | 0.4<br>26 | 0.5<br>21                               | 0.5<br>11 | 0.4<br>51 | 0.2<br>93 | 0.318      | 0.2<br>47      | 0.1<br>70 |
| XRP      | 0.5<br>86                                | 0.7<br>04                                | 0.5<br>58                                | 0.3<br>80                                | 1.0<br>00 | 0.7<br>27   | 0.5<br>40 | 0.7<br>12                               | 0.6<br>03 | 0.7<br>99 | 0.0<br>72 | 0.074      | -<br>0.0<br>37 | 0.0<br>61 |
| ADA      | 0.7<br>65                                | 0.8<br>72                                | 0.8<br>02                                | 0.5<br>32                                | 0.7<br>27 | 1.0<br>00   | 0.6<br>67 | 0.8<br>17                               | 0.6<br>98 | 0.8<br>87 | 0.2<br>07 | 0.203      | 0.0<br>33      | 0.0<br>81 |

| DOG<br>E   | 0.5<br>76 | 0.5<br>77 | 0.5<br>53 | 0.4<br>26 | 0.5<br>40 | 0.6<br>67 | 1.0<br>00      | 0.6<br>09                                | 0.5<br>68                                | 0.6<br>80      | 0.0<br>32 | 0.041 | -<br>0.0<br>74                           | -<br>0.0<br>42                           |
|------------|-----------|-----------|-----------|-----------|-----------|-----------|----------------|--|--|----------------|-----------|-------|--|--|
| LTC        | 0.8<br>39 | 0.8<br>80 | 0.7<br>96 | 0.5<br>21 | 0.7<br>12 | 0.8<br>17 | 0.6<br>09      | $\begin{array}{c} 1.0 \\ 00 \end{array}$ | 0.7<br>29                                | 0.7<br>60      | 0.2<br>09 | 0.203 | $\begin{array}{c} 0.0 \\ 40 \end{array}$ | 0.1<br>25                                |
| LINK       | 0.7<br>49 | 0.7<br>72 | 0.7<br>30 | 0.5<br>11 | 0.6<br>03 | 0.6<br>98 | 0.5<br>68      | 0.7<br>29                                | $\begin{array}{c} 1.0 \\ 00 \end{array}$ | 0.6<br>57      | 0.1<br>52 | 0.148 | $\begin{array}{c} 0.0\\00\end{array}$    | 0.0<br>81                                |
| XLM        | 0.6<br>79 | 0.7<br>75 | 0.7<br>41 | 0.4<br>51 | 0.7<br>99 | 0.8<br>87 | 0.6<br>80      | 0.7<br>60                                | 0.6<br>57                                | 1.0<br>00      | 0.0<br>96 | 0.090 | -<br>0.0<br>29                           | 0.0<br>26                                |
| VIX        | 0.3<br>18 | 0.2<br>85 | 0.2<br>45 | 0.2<br>93 | 0.0<br>72 | 0.2<br>07 | 0.0<br>32      | 0.2<br>09                                | 0.1<br>52                                | 0.0<br>96      | 1.0<br>00 | 0.976 | 0.7<br>85                                | 0.8<br>53                                |
| VST<br>OXX | 0.3<br>21 | 0.2<br>81 | 0.2<br>33 | 0.3<br>18 | 0.0<br>74 | 0.2<br>03 | 0.0<br>41      | 0.2<br>03                                | 0.1<br>48                                | 0.0<br>90      | 0.9<br>76 | 1.000 | 0.7<br>90                                | 0.8<br>63                                |
| OVX        | 0.2<br>02 | 0.1<br>38 | 0.0<br>79 | 0.2<br>47 | 0.0<br>37 | 0.0<br>33 | -<br>0.0<br>74 | 0.0<br>40                                | $\begin{array}{c} 0.0\\00 \end{array}$   | -<br>0.0<br>29 | 0.7<br>85 | 0.790 | 1.0<br>00                                | 0.7<br>35                                |
| GVZ        | 0.2<br>49 | 0.1<br>90 | 0.0<br>97 | 0.1<br>70 | 0.0<br>61 | 0.0<br>81 | -<br>0.0<br>42 | 0.1<br>25                                | 0.0<br>81                                | 0.0<br>26      | 0.8<br>53 | 0.863 | 0.7<br>35                                | $\begin{array}{c} 1.0 \\ 00 \end{array}$ |

Source: created by the authors

## Results

## Total spillover analysis

To calculate the spillover index of realized volatility and implied volatility from January 26, 2018, to December 31, 2020, a 200-day moving window and the 10-step predictive horizon were used in the variance decomposition. Figure 4 shows the total system spillover where fluctuations between approximately 60% and 86% are identified



Figure 4. Total Spillover Index Source: created by the authors

During mid-2018 and early 2020, a high level of connectivity was evident in the cryptocurrency market, which ranged between 60% and 75%. This is mainly explained by the volatility experienced by the cryptocurrency market since mid-2017, which has been driven by Bitcoin (Gandal et al., 2018; Antonakakis et al., 2019).

The cryptocurrency market suffered large contractions, from accumulating its highest values during 2017 to falling drastically in the first months of 2018. It presented high volatility throughout the year (see

Figure 2), consistent with the high spillover index at the beginning of Figure 4.

Subsequently, the spillover rate started to grow, intensifying the market connection by staying below 70%. This changed when all markets and assets were affected by the Covid-19 pandemic in early 2020, with high volatility, which, in turn, implied greater connectivity between the cryptocurrencies and markets under analysis, reaching levels close to 86%.

#### Spillover index analysis

Volatility spillover estimates for the 10 cryptocurrencies and the 4 indices are presented in Table 5 using a VAR model of order 1 (selection is based on the Schwarz Information Criterion) with a 10-step forward prediction horizon for variance decomposition. The 2018-2020 period under analysis shows a total spillover ratio (S<sup>H</sup>) of 70.87%, demonstrating a highly integrated market.

The cryptocurrency with the greatest influence in its contribution to the volatility of other markets is Ethereum ( $S^{H}_{\circ\leftarrow ETH} = 100.35\%$ ), followed by Cardano ( $S^{H}_{\circ\leftarrow ADA} = 95.14\%$ ), Litecoin ( $S^{H}_{\circ\leftarrow LTC} = 94.54\%$ ), Stellar ( $S^{H}_{\circ\leftarrow XLM} = 91.97\%$ ), and Bitcoin ( $S^{H}_{\circ\leftarrow BTC} = 89.93\%$ ).

When analyzing the off-diagonal elements representing pairwise directional spillovers, the largest is Stellar to Cardano (13.40%), the second is Bitcoin to Tether (13.11%), and the third is Cardano to Stella (13.02%). On the other hand, the implied volatility that most influences the volatility of cryptocurrencies is VIX to Bitcoin ( $S_{BTC-VIX}^{H} = 2.14\%$ ) and VSTOXX to Tether ( $S_{USDT-VSTOXX}^{H} = 2.61\%$ ). Implied volatility associated with oil (OVX) and gold (GVZ) contributes less than 1% to the cryptocurrency market.

The last column of Table 5 shows the total net directional spillover  $(S_i^H)$  where positive (negative) values corresponding to realized or implied volatilities are volatility spillover transmitters (receivers), (i.e., if  $S_i^H > 0$  it is a net contributor or  $S_i^H < 0$ ) it is a net receiver). Ethereum is the most important volatility transmitter, followed by Cardano and Litecoin. These findings align with those of Yi et al. (2018), where Bitcoin is not the cryptocurrency that dominates the market despite having the largest market capitalization.

Table 5 Spillover Index

|                               | BTC   | ETH    | BNC   | USDT  | XRP   | ADA   | DOGE  | LTC   | LINK  | XLM   | VIX   | VSTOXX | OVX   | GVZ   | S <sup>H</sup> <sub>i←°</sub> | S <sub>i</sub> <sup>H</sup> |
|-------------------------------|-------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|-------|-------------------------------|-----------------------------|
| BTC                           | 18.19 | 12.45  | 9.07  | 8.88  | 6.39  | 9.73  | 4.02  | 11.73 | 7.54  | 7.63  | 2.14  | 1.92   | 0.12  | 0.19  | 81.81                         | 7.92                        |
| ETH                           | 11.73 | 15.84  | 9.77  | 8.02  | 7.51  | 11.75 | 4.43  | 11.72 | 6.88  | 9.64  | 1.37  | 1.05   | 0.15  | 0.14  | 84.16                         | 16.19                       |
| BNC                           | 9.76  | 11.79  | 17.97 | 7.14  | 5.89  | 10.62 | 4.83  | 11.11 | 7.75  | 10.34 | 1.41  | 1.11   | 0.27  | 0.01  | 82.03                         | -6.38                       |
| USDT                          | 13.11 | 12.26  | 9.06  | 22.41 | 6.09  | 8.19  | 3.32  | 8.67  | 6.33  | 6.45  | 1.23  | 2.61   | 0.17  | 0.12  | 77.59                         | -15.49                      |
| XRP                           | 6.81  | 9.39   | 5.54  | 4.83  | 26.49 | 10.27 | 7.82  | 9.25  | 5.85  | 12.56 | 0.54  | 0.44   | 0.15  | 0.06  | 73.51                         | -4.01                       |
| ADA                           | 9.07  | 11.81  | 8.48  | 5.85  | 9.12  | 17.33 | 6.14  | 10.57 | 6.03  | 13.40 | 1.12  | 0.92   | 0.11  | 0.05  | 82.67                         | 12.48                       |
| DOGE                          | 7.19  | 6.32   | 6.05  | 4.53  | 6.80  | 8.98  | 35.30 | 8.58  | 4.66  | 9.32  | 0.94  | 0.97   | 0.34  | 0.02  | 64.70                         | -13.96                      |
| LTC                           | 11.71 | 12.26  | 9.05  | 7.38  | 6.86  | 10.60 | 5.88  | 17.75 | 6.52  | 9.53  | 1.12  | 0.87   | 0.42  | 0.06  | 82.25                         | 12.29                       |
| LINK                          | 9.20  | 10.15  | 8.44  | 5.48  | 7.78  | 8.68  | 5.67  | 9.19  | 22.40 | 9.33  | 1.66  | 1.33   | 0.70  | 0.01  | 77.60                         | -17.28                      |
| XLM                           | 7.25  | 9.85   | 8.11  | 5.08  | 12.55 | 13.02 | 7.90  | 9.17  | 6.11  | 20.05 | 0.53  | 0.30   | 0.04  | 0.04  | 79.95                         | 11.76                       |
| VIX                           | 1.24  | 1.37   | 0.95  | 1.28  | 0.14  | 1.46  | 0.25  | 1.76  | 0.89  | 1.47  | 45.10 | 31.19  | 1.58  | 11.32 | 54.90                         | 32.95                       |
| VSTOXX                        | 1.40  | 1.34   | 0.78  | 1.78  | 0.18  | 1.41  | 0.37  | 1.63  | 0.81  | 1.39  | 37.68 | 38.58  | 1.14  | 11.51 | 61.42                         | 17.92                       |
| OVX                           | 0.48  | 0.67   | 0.24  | 1.24  | 0.02  | 0.08  | 0.04  | 0.50  | 0.41  | 0.16  | 18.15 | 18.23  | 54.03 | 5.73  | 45.97                         | -40.01                      |
| GVZ                           | 0.79  | 0.70   | 0.12  | 0.63  | 0.17  | 0.36  | 0.06  | 0.67  | 0.54  | 0.49  | 19.97 | 18.39  | 0.77  | 56.34 | 43.66                         | -14.39                      |
| S <sup>H</sup> <sub>•←i</sub> | 89.73 | 100.35 | 75.65 | 62.10 | 69.50 | 95.14 | 50.74 | 94.54 | 60.33 | 91.71 | 87.85 | 79.34  | 5.96  | 29.27 | 70                            | ).87                        |

Note: Each component is the estimated contribution of the volatility of cryptocurrency j to the variance of the 10-step-ahead forecast error of the volatility of cryptocurrency i. Model based on a VAR of order 1.  $S_{i \leftarrow o}^{H}$  is the contribution from cryptocurrencies or market j to others, and  $S_{i \leftarrow o}^{H}$  is the contribution from others to cryptocurrencies or market i. Finally,  $S_{i}^{H}$  corresponds to total volatility spillover indices. Source: created by the authors

#### Impulse-response analysis

Additionally, using the VAR model estimates, an impulse-response analysis is performed between the realized volatility of cryptocurrencies and the implied volatility indices. Figure 5 and Figure 6 show the results with 95% confidence.

Figure 5 shows the impulse-response function of cryptocurrencies to a shock in the VIX and VSTOXX. It is possible to identify that a VIX shock generates a larger and more persistent impact over time than a VSTOXX shock. Moreover, for most cryptocurrencies the impulse-response function appears to stabilize around three months. Despite being minor, the results of a shock in VSTOXX elicit a negative response in cryptocurrencies such as Ethereum, XRP, DogeCoin, LitecCoin, and Stellar.

The impulse-response function of a shock to the implied volatility of oil and gold (OVX and GVZ) in cryptocurrencies is presented in Figure 6. The illustrations show that OVX generates a larger, negative response in all cryptocurrencies. In particular, a shock in GVZ appears to be smaller but more persistent over time than one from OVX.



Figure 5. Momentum-Response analysis of the cryptocurrency market—VIX and VSTOXX shock Source: created by the authors

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Figure 6. Momentum-Response Analysis of the cryptocurrency market—OVX and GVZ shock Source: created by the authors

## Conclusions

The cryptocurrency market has gained great popularity in recent years, and with the massive entry of different competitors, studying their relation has become a topic of great interest for investors. This study aims to analyze and identify the relation between the volatility of cryptocurrencies with the largest market capitalization and four implied volatilities representing the international financial markets and two commodities, using the spillover index from 2018 to 2020.

The findings of this research show that Bitcoin, despite being the oldest cryptocurrency with the largest market capitalization, is not positioned as the biggest volatility transmitter in the market. In this regard, it has been verified that the greatest effect is caused by Ethereum, Cardano, LiteCoin, and Stellar. These results imply and complement the way investors understand financial risk management, demonstrating that in periods of greater turbulence (2018 to 2020, for example) in the cryptocurrency market, the asset with the largest capitalization (Bitcoin) is not the only one that transmits volatility.

Looking at the implied volatility indices, it is found that they contribute to the volatility of cryptocurrencies, particularly VIX and VSTOXX, in amounts of less than 3%, which agrees with the findings of other authors. Furthermore, the indices associated with commodities, OVX and GVZ, do not contribute significantly to the volatility of cryptocurrencies.

These findings, for both financial and commodity markets, do not present a major connection to cryptocurrencies, which makes it highly attractive to investors as a potential tool for portfolio diversification and hedging strategies in the event of a shock in the cryptocurrency market.

Impulse-response analysis confirms the relation between financial markets and commodities about the realized volatility of cryptocurrencies. Specifically, the VIX has a greater impact on cryptocurrencies than the VSTOXX. Furthermore, when studying commodities, both generate a negative response to cryptocurrencies. The OVX generates a greater impact than the GVZ, while the GVZ has a greater persistence over time.

Finally, it is necessary to consider the limitation of the sample used, where cryptocurrencies within the top ten with the largest market capitalization are not considered due to the reduced availability of observations. Future lines of development may also consider a shorter analysis time and extend the spillover to domain frequency approaches or connections with emerging markets.

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